DARETOBE**DIFFERENT** What is Marriage Mentoring?

Marriage Mentoring



The Marriage Mentors are congregation members trained to offer support, care, and advice on a variety of

marriage topics for couples of all ages and stages in their marriages.

- Marriage Mentoring is a God-centered, scripturally based process for any couple wanting to enrich their relationship.
- Whether you are engaged, newlywed or have been married for many years, this process is beneficial for you.
- Marriage mentors seek to meet the needs of all couples whether they are in crisis or in a healthy marriage.
- Marriage Mentoring provides encouragement, hope and healing.

What is the Marriage Mentoring Process?

- **D** iscover strengths & weaknesses
- A sk great questions
- **R** equire action
- **E** valuate the progress

How does Marriage Mentoring Work?

You will...

- Take a survey that will identify your strengths & weaknesses
- Meet one night a week for 8-10 weeks with a trained mentor couple
- Learn more about yourself and your spouse
- Learn how to bring passion back into the relationship
- Learn how to solve your own problems using a unique negotiating tool
- Improve your communication skills and your ability to manage conflict

How do we get started?

To request the confidential care of a Marriage Mentor couple, please contact . . . **Barry Owen** by calling the church office or emailing <u>bvowen@lawndalebaptist.org</u>.